



"Be The Best You" Teen Girls Camp 2007 Frequently Asked Questions

Check In & Out

Participants should check in at the University of Utah campus at Chapel Glen on Monday, June 18, between 9:00 a.m. - 11:30 a.m. Program information will be handed out and meal tickets and keys will be issued. Check-out will be on June 23 before 11 a.m.

If it is necessary to arrive on campus earlier than June 18, please contact the "Be The Best You" Camp office by May 21 to make special arrangements.

Travel Assistance

If you need a ride from the airport to the University Campus where we are located, please call Express Shuttle Airport at 801 596-1600 to make advance reservations. For a reasonable fee, they will bring you to the University. Give them arrival and departure time and tell them you are going to or leaving from the Guest House at the University of Utah. Their check-in desk for all Delta flights is across from baggage claim #7 in Terminal 2 and all other airlines are in Terminal 1 across from baggage claim 3.

Please call our office if you have any questions.

Leaving Campus & Visitors

If you need to leave campus, a parent or guardian will need to contact our BBY desk at Chapel Glen to check you out from the time you will be absent. Otherwise, unless attending camp supervised activities, you will not be allowed to leave campus. Our camp schedule is so busy that there will not be time to visit with outside visitors and guests. Please arrange to see them when camp is over.

Standards

Participants at camp will be treated as responsible young adults and will be expected to conduct themselves as such. Anyone being sent home from camp will be responsible for transportation costs and registration fees will not be refunded. Participants will be sent home if any alcohol, drugs, or cigarettes are found in their possession or used during the week. We reserve the right to ensure the safety and well being of all participants and will

dismiss a participant without refund for misconduct or unsociable behavior as determined by the Directors. Fighting, stealing, shoplifting, possessing any harmful weapons, leaving campus, leaving the dorms after curfew, and deliberately damaging university or program property are grounds for being sent home.

Clothing & Grooming Standards

Clothing should always be modest, neat, and clean in appearance and fit. Please no ...”short” shorts, tank tops, or spaghetti straps.

Sample Packing List

Please pack enough of the following items to last you for six days of camp: T-shirts or casual shirts, slacks, jeans, and shorts, casual and dressy shoes, underclothing, pajamas, exercise clothing, tennis shoes, and dress clothes. Also bring personal toiletry items (toothpaste, toothbrush, comb, brush, soap, shampoo, other hair needs, deodorant, blanket, towel, robe, etc.) Bathrooms and showers are in each dorm room, which you will share with three other girls. Some linens are provided, but for your comfort we recommend you bring an extra towel, blanket, and pillow. Don't forget your alarm clock!

Special Clothing Items to Bring

You will need to bring specific clothing items for some of the activities.

1. 2 Children’s Books that you will read and present to an underprivileged child.
2. Bring or borrow 1 prom dress or special occasion dress and shoes to be worn at the Grand Finale
3. For those ages 16-18 years old, bring or borrow 1 prom dress or special occasion dress and shoes to be worn at the Prom
4. If you would like to perform a talent during our care center visits,, please bring **your music and costume**

Special Items to Bring

1. School Picture: Bring 2 school pictures of yourself to use for special projects.
2. Family Photo: Bring a picture of your family to share with your group (you will not be giving the picture away).
3. Classroom Items: Bring a pen, pencil, and paper to write notes in.
4. Spending Money: You are welcome to bring spending money. Daily meals, housing, and activities are already provided for, but we will have posters, pictures, etc. to buy if you choose.
5. Medical Supplies: You must bring your own supply of Tylenol, Advil, Pepto-Bismol, and/or over-the-counter medications for minor ailments you have. We do have a registered nurse with us during the week. It might be helpful to bring some band-aids with you too.
6. Other: You may want to bring an inexpensive camera and film to take pictures. Cell phones, pagers, TVs, radios or stereos are *not* allowed.

Lost Items:

Please check with the Heritage Center front desk at (801) 587-2000 for lost items. We are not responsible for lost items.

Roommate Request

Our policy is all girls requesting to room together must be within one grade or one year in age of each other. There are two girls per room. You will be able to see all girls at most activities throughout the week. Each girl must indicate her roommate request on her registration form or e-mail info@bethebestyoucamp.com.

Contact While at Camp

Emergency Phone Numbers and Phone Policy:

In the event of an emergency, please call the **Heritage Center Front Desk at (801) 587-2000 from 7:00 a.m. to 10:00 p.m.** Messages will be taken by and given to the participant's assigned counselor. After these hours, please call (801) 623-1676 to page a staff member. The University Police can be reached at (801) 585-2677 from 12:00 a.m. to 7:00 a.m.

Our schedule is so busy with exciting activities that the times you can call home will be: 7:00 a.m. - 8:30 a.m., noon - 1:00 p.m., and 5:00 - 6:00 p.m. We are sorry, but there is no time for calls in the evenings as group activities last until 11:00 p.m.

Mail:

If family members or friends would like to send you mail, be sure they mail it by Tuesday of the camp week. Otherwise, items mailed after Tuesday will probably not get to you. We are not responsible for lost items! The mailing address is "Your Name", "Be The Best You" Girls Camp, 19 Heritage Center, Salt Lake City, UT 84113-2001.

Insurance

Each participant is included in a limited coverage (\$2,500 maximum benefit) accident insurance policy. The insurance does not cover illness (such as cold symptoms, stomach aches, etc.) or pre-existing conditions. Participants and their parents will be responsible for any costs associated with treatment in event of an emergency.

Leadership Development

One of our specific objectives is to provide each girl with service and leadership experiences that will help them discover and strengthen their talents. As part of our program, the 18 year-old girls who attend the camp will be called "L.I.T.E.S." or Leaders in Training Elect. They will be given opportunities to serve the girls at camp by helping with camp activities and responsibilities. These girls will be able to love and serve all the girls throughout the week.

Cancellation and Refund Policy

A refund must be requested by the participant and her parent/guardian by Monday, May 28, 2007. No refunds will be given after this deadline. A non-refundable handling fee of \$25 per cancellation will be charged. "Be The Best You" Camp cannot be held responsible for any change or cancellation charges required by airlines, travel agencies, or other establishments.

How Do I Request a Refund?

If you wish to cancel your enrollment to the "Be The Best You" Camp, please contact our office at (800) 989-3309 before Monday, May 28, 2007.

How Long Does It Take to Receive the Refund?

The refund processed will take one to two weeks. You will be reimbursed the same way you paid your camp tuition (i.e. if you paid by check, you will receive a check back from us minus the \$25 handling fee).